



# Wimbledon Chase Primary School

Merton Hall Road, London SW 19 3QB

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[www.wimbledonchaseschool.co.uk](http://www.wimbledonchaseschool.co.uk)

Headteacher: Mr.B.Foley B.Ed.Hons., NPQH

28<sup>th</sup> September 2018

Dear Parents and Carers,

It has been another learning filled week at Wimbledon Chase this week. The children have excitedly talked to myself and other staff about their wonderful learning experiences in classes, where they have gained new **knowledge**, practised key **skills** and developed greater **understanding** across the week. From the children I spoke with these include addition of four digit numbers using the column method, using their purple pens to edit and improve their work and to learning about how the Romans used specific formations to defend themselves in an attack. These are just a few examples of aspects in our broad curriculum which demonstrate our unique trade mark words:

**OPPORTUNITY, INSPIRATION, CELEBRATION.**

## HARVEST ASSEMBLY

On Wednesday this week, Mrs Burnett led a wonderful Harvest Festival assembly where the children celebrated our annual collection of foods and other goods to give to others who are less fortunate.

All year groups participated and was a fulfilled whole school celebration, centred around Giving.

Thank you again for your huge generosity We have already donated the food and other goods to the **Trussell Trust** who organise the Wimbledon food bank.

The assembly included meanings around the word harvest and linked to giving:

- Poetry - the gift of poetry
- opera – the gift of singing
- joke telling - the gift of laughter,

All of these, as well as our beautifully sung whole school songs, demonstrated two of our values, **kindness** and **respect**.



Congratulations and praise to the children from the Gardening Club and from The Study who grew the fresh produce.



## ASSEMBLY PRESENTATION

During the Year 1 to Year 6 assembly this morning we were lucky to have two 'experts', Joshil and Bea, who confidently discussed and explained their history project learning about Roman battle formations.





They explained how the soldiers worked closely as a team to defend and attack other armies. The Year 6 children practiced these formations in our outside learning environments, discussing their effectiveness with regards to attacks from 360 degrees and from overhead.



## MINDFULNESS WORKSHOP

On Thursday this week, our specialist Mindfulness teacher, Mrs Darlington, led a **Mindfulness Workshop** for parents. It was extremely well attended and included the science and techniques of Mindfulness practices, tips for supporting our children at home and some resources which we use in school throughout year groups.

Mrs Darlington demonstrated some techniques of how the children can try to alleviate feelings of nerves, anxiety and pressure. These included deep breathing exercises and visualisation to try to refocus the different parts of the brain to focus on the present. The parents found these extremely useful, for both children and adults, and they had some great suggestions to share too.

Mrs Darlington's presentation and resources will be displayed on the website shortly. In the meantime, the

children from Years 4 to 6 have the opportunity to attend the Chill-Out Club and all children and staff also can attend a weekly 5 minute lunchtime drop in session. The children lead this session where they teach each other tried and tested techniques of relaxation and refocus. It is essential for all of us to look after our physical and mental health and this workshop provided a wonderful toolkit to support ourselves and our children. Please look out for information and resources on the website soon.

## SCHOOL NURSE

In addition to our Mindfulness programme and physical health related parts of our curriculum, we are very pleased to inform you that we now have an allocated school nurse. The school nursing service is a valuable link between education and the NHS. They are able to provide services and advice to support a range of health issues. Our school nurse will be available to meet parents/carers in school on Mondays, by appointment. If you would like an appointment please contact Mrs Dotchin via the school office or email – [parentsupportadvisor@wimbledonchase.merton.sch.uk](mailto:parentsupportadvisor@wimbledonchase.merton.sch.uk)

## FRIENDS' DANCEATHON - Saturday 29<sup>th</sup> September

Tomorrow will see an exciting event at the school, where the Friends of WCPS have organised a **5 Mile Moves Sponsored Danceathon**.

This event will take place from 10am – 12pm and tickets for children and adults can be booked through ParentPay.

Fitness and dancing is a great way to support your physical and mental health so if you fancy practising your dance moves and having a whole heap of fun and laughter, why not come down? Leg-warmers are not essential!

I hope you all have a healthy, fun-filled weekend.

Yours sincerely,

**Mr B. Foley**  
Headteacher



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