



Wimbledon Chase Primary School

Merton Hall Road, London SW 19 3QB

telephone: 020 8542 1413 fax: 020 8542 1668 email: wcps@wimbledonchase.merton.sch.uk

www.wimbledonchaseschool.co.uk

Headteacher: Mr.B.Foley B.Ed.Hons., NPQH

9th November 2018

Dear Parents and Carers,

Sunday 11th November 2018 is a very special date as it marks the 100th anniversary of the end of The First World War. With Armistice 100 this weekend, the staff and the children of Years 1 to 6 wanted to pay our respects to those servicemen and servicewomen who have lost their lives in the line of duty. The staff and children respectfully held a two minutes silence in assembly to remember and honour those who have sacrificed themselves to secure and protect people's freedom in the UK and further afield.



We had the opportunity for further reflection whilst Emilia (Year 1) sang vocals, accompanied by her brother Leon (Year 4) on the French horn. The whole room was captivated by their performance and we showed our respects by joining in to sing 'We will remember - Song of Remembrance'. **Respect** is one of the whole school values and it was a fitting tribute to mark such a special event. Thank you to the children who have been out selling poppies this week and to those parents and carers who have bought a poppy to show your respects.

Invictus Games

Following on from Prince Harry's (The Duke of Sussex) thank you card to Year 3, we also shared some of the successes of servicemen and servicewomen who

recently took part in the Invictus Games in Sydney. These games were the mastermind of Prince Harry and give these phenomenal athletes, who have been injured in combat, an **opportunity** to challenge themselves and **celebrate** their skills and talents in a whole range of sports.



The children discussed how some of our school values of **Confidence**, **Independence** and **Resilience** would help them in their daily and sporting challenges, as they do in our own lives and learning. Our children can expertly explain how these values support their progression in their learning - be that academic, through performing arts, sporting or social. How do these values help you in your everyday life?

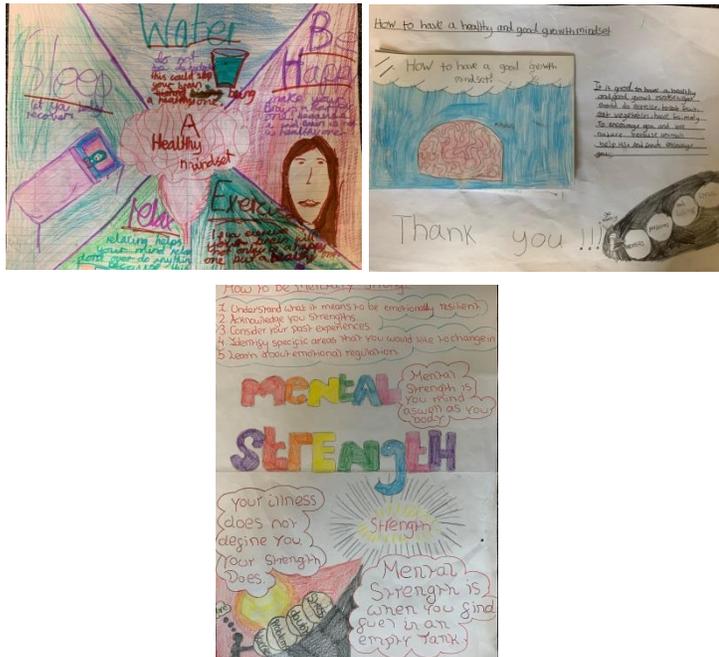
Mental Health Awareness

Keeping and staying healthy involves us all looking after our bodies and minds. One of our whole school targets this year is **to promote and value mental well-being for children, staff and the school community**. We understand that mental well-being relates to how we are feeling and how well we can cope with day-to-day life. Our school curriculum teaches us to individually realise our potential, how to use and adapt strategies to cope with the normal challenges of life, to be productive and successful (however small those successes are) and



to make a positive contribution to the communities in which we belong.

Mrs Darlington, our specialist Mindfulness teacher, recently set a Mental Health Awareness poster competition. The winning posters are below.



These educational masterpieces advocate the importance of eating a balanced diet, drinking lots of water, regular exercise, relaxation strategies, sleep and spending quality time with friends and family. Well done to these children for producing such informative and creative learning resources. We all need reminding from time to time that we need to look after ourselves in these ways for a healthy body and mind.

Anti-bullying week

Alongside our whole school values, our teaching of mental health and mental strength links to our focus on anti-bullying across the school. **Anti-bullying Week 2018** starts on Monday and we invite children and parents and carers to celebrate this fantastic initiative by wearing odd socks for the day! This will symbolise 'All different, all equal'.



Throughout next week, in their Personal, Social and Health Education lessons, the children will focus on 'friendship conflicts versus bullying'. Our values of **Tolerance, Kindness** and **Respect** will support their social skills learning and help us to value and celebrate us all being different and all equal. Thank you to Mrs Zealey for organising this fun and life-long learning event for the school. Please see the poster and anti-bullying leaflets attached to this newsletter for more information.

Why not start some pre-learning for next week by asking your child / children 'What have odd socks got to do with anti-bullying?'

And the winner is

Last year the school took part in the London Borough of Merton's 'Merton in Bloom' gardening competition, where schools are invited to celebrate their outside areas and gardens. The school came second out of all schools in Merton. This was an amazing result and we were all exceptionally proud of all the staff members', parents' and children's efforts.



Mrs Hampshire, our green fingered children and our amazing parent/carers volunteers entered the competition again this year. The results have recently been announced.

Wimbledon Chase came 1st !

I know you will join me in thanking and congratulating Mrs Hampshire, and the team of children and parents! What an amazing effort and result! Their efforts do not go unnoticed and make our outdoor learning environments so special.

Parent / Carer Community Day – Saturday 17th November 2018 (1.00pm – 4.00pm).

On Saturday 17th November, the school will be hosting our **Parent / Carer Community Day**. If you are new to the school or have not had the opportunity to volunteer previously, the school hosts a day where parents and carers are invited to support the school through offering their skills in building, painting, gardening, cleaning etc. Wimbledon Chase has some fantastic facilities for our children to enjoy but we know it takes a lot of upkeep for it to remain a beautiful learning environment.

I know the children, staff and governors will be enormously grateful if you can spare an hour or more of your time to support us with the maintenance of our site. This is a learning opportunity for each of us too, where we could all develop our own skill-sets in gardening and DIY activities, all whilst having fun and getting to know more members of our school community.

More details will be sent shortly. We look forward to seeing you and your family on **Saturday 17th November**.

For those of you supporting and challenging your mental health (friendly quiz) and physical health (dancing) at the **Friends of Wimbledon Chase Quiz, Dinner and Dance** tonight, we hope you have a great time. Thank you again to all of our incredible volunteer parents for organising such an exciting event for our community.

I hope you all have a wonderful weekend.



Mr B. Foley
Headteacher