



Online Safety Parent Workshop



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Agenda

- Introduction – Why is online safety important?
- Risk – 3 key areas
- Advice on staying safe online
- Family discussions
- Safer Internet Day
 - At school
 - At home



Introduction



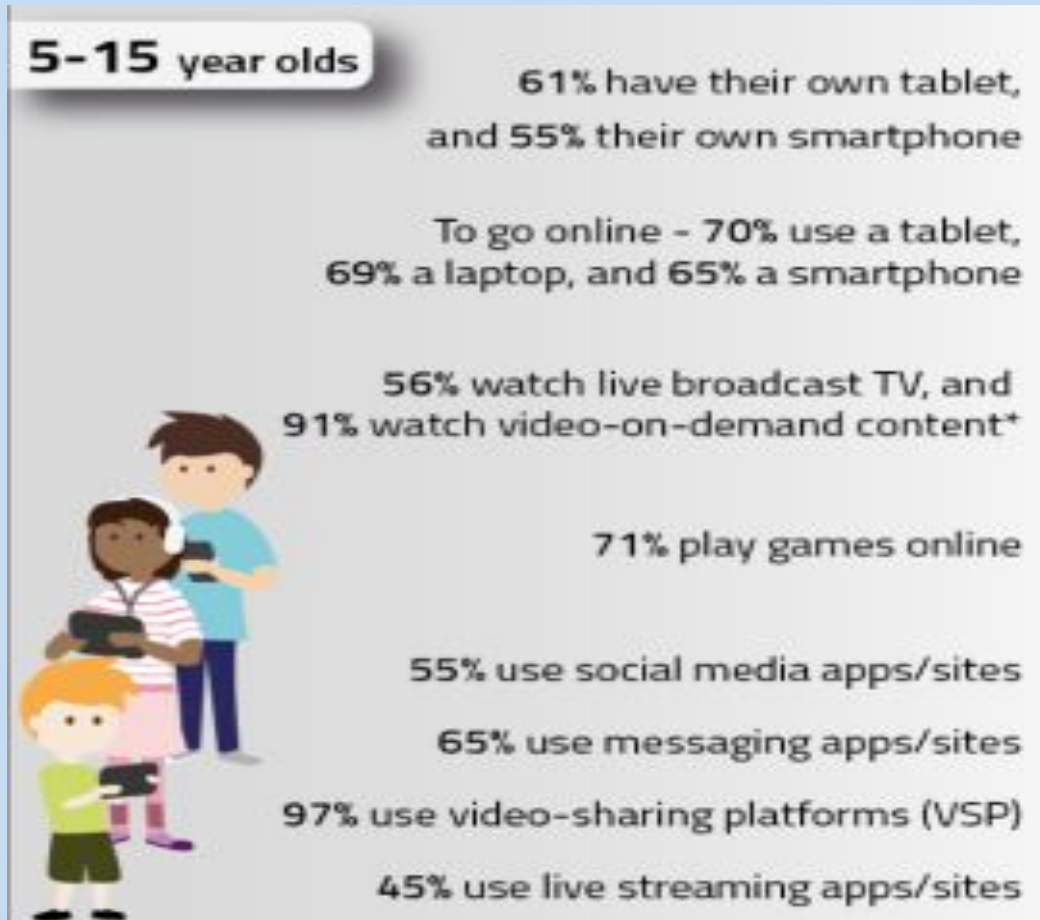
What does your child love doing online?
What services and devices do they use?

The online world can be exciting and inspiring. It has lots of opportunities to offer young people. However it is important to manage and minimise the associated risks.





“In 2020, nearly all children aged 5-15 (97%) went online via any device.”



Source - Ofcom - Children and parents: media use and attitudes report 2020/2021



EYFS – it affects you too

3-4 year olds



48% have their own tablet
and 4% their own smartphone

To go online - 67% use a tablet,
35% a smartphone, and 30% a laptop

To watch TV - 84% use a TV set,
70% a tablet, and 42% a mobile phone

47% watch live broadcast TV,
90% watch video-on-demand content*

23% play games online

18% use social media apps/sites

20% use messaging apps/sites

92% use video-sharing platforms (VSP)

24% use live streaming apps/sites

Source - Ofcom - Children and parents: media use and attitudes report 2020/2021



47%

have worried about
people being mean
to them when they
are playing



65%

say people are
meaner to each
other online than
in real life



**Where are you
even from?**

**You don't
belong here**

**I wish we
could get rid
of them in
real life too**

**That's why
girls shouldn't
play games**

**Why did
you have to
be on my
team?**

*Source - UK Safer Internet Centre
research*





RISK – 3 key areas

Conduct

The impact their online activity can have on them and other people

Content

Understanding what is suitable for your child and what may be harmful or hurtful

Contact

Knowing who they are talking to and sharing information online with.





Conduct



Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digital footprint that they create on the internet.



It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information that they may have posted.



When using the internet, it's important to keep personal information safe and not share it with strangers.





Content



Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social networks, online games, blogs and websites.



It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias.



There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.



Contact – Cyber bullying



It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them.



Cyberbullying is bullying which takes place online or using technology. It is important that young people know what to do if they or their friends are the victims of cyberbullying.



Cyberbullying can happen in many different ways including unkind messages or comments, the sharing of embarrassing photos or exclusion from group chats.









Advice on staying safe online

Discuss online friendship with your child - make sure they understand that a person they've never met face-to-face is still a stranger. Discuss what kinds of information they should avoid sharing with strangers.

Discuss cyberbullying with your child - teach the importance of online respect

If they are a victim of this type of behaviour:

-  **Do** save the evidence
-  **Do** report to your school/ the police
-  **Do** use online tools to report and block the perpetrator.

 **Don't** deny your child access to a device or service. They may feel punished when they're already the victim.

 **Don't** retaliate.





Contact - Sexting



Sexting is taking and sharing a nude, partially nude or sexually explicit image or video.



In the online world, content can get very far, very quickly and young people need to understand that they may lose control of who else sees their image. This can lead to emotional and reputational consequences.



Sexting is a risk even for younger children. A child with access to a device, who can take a photo and send it on, may not understand the possible consequences and just think they're being funny.





Advice on staying safe online

Discuss sexting with your child - ensure they know that once this kind of content gets out there, it's very difficult to get it back and the consequences of this can be very upsetting.



If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person (including, but not limited to, a request to meet up or a request for images/videos), it's vital that you report it to the police via the Child Exploitation and Online Protection Centre (www.ceop.police.uk).



The police take a common sense approach and are not seeking to criminalise young people, but do have a duty of care if asked to investigate.

ONLINE SAFETY

Family discussions



An open and honest dialogue with your child is absolutely key.

Talk to them about their internet use and let them know they can talk to you.



www.childnet.com/parents-and-carers/have-a-conversation

ONLINE SAFETY

START ON A POSITIVE NOTE...

What do you like most about the internet and why?
What's your favourite game/app/site?

Do you like to be creative online?
What have you created?

(It could be anything from a picture or video to creating their own games, sites or apps.)

The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

KEEP THE CONVERSATION GOING

Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?

How might you know if you are using the internet/technology too much?

How does the internet make you feel? Do different apps/games makes you feel differently?

Do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

Help me!
Can your child show you how to do something better/safer online?

Consider setting a family agreement to open discussion.

Establish boundaries and your expectations as a family.



childnet.com/resources/family-agreement

Filtering software
and settings can
help block
unwanted content.

Look at filters on
individual devices
and from mobile &
internet providers



internetmatters.org/parental-controls/

Familiarise yourself with safety and privacy settings on the services your family uses.

Learn how to report, block and mute other users on games and social media.



saferinternet.org.uk/advice-centre/social-media-guides

Get involved with your child's life online. Learn about the apps, games and devices they use.

Play their favourite games with them, try out their favourite apps...



net-aware.org.uk

commonsensemedia.org



8th February 2022



Safer
Internet
Day 2022



UK Safer
Internet
Centre



What is Safer Internet Day?



ALL FUN AND GAMES



Exploring respect and
relationships online



ONLINE SAFETY

At WCPS



e-Safety Poster Competition

ALL FUN AND GAMES



Exploring respect and
relationships online



ONLINE SAFETY



At Home

Early Years



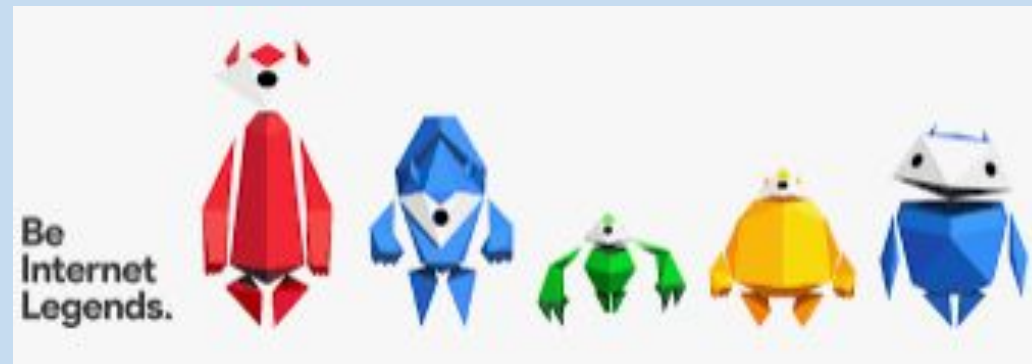
<https://www.thinkuknow.co.uk/parents/home-activity-worksheets/early-years/>

KS1



<https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/>

KS2



https://beinternetlegends.withgoogle.com/en_uk/parents/





Information in this presentation is from



Childnet
International
www.childnet.com



**UK Safer
Internet
Centre**
www.saferinternet.org.uk

Childnet International is a non-profit organisation working with others to help make the internet a great and safe place for children.

Childnet is one of three organisations partnered to form the UK Safer Internet Centre.

The UK Safer Internet Centre, appointed by the European Commission, has three main functions: an awareness centre, a helpline for professionals and a hotline to report and remove child sex abuse imagery and videos.

